



2072 02

TIRED YET?

DEAR READER, Are you tired of all the rhetoric about “choice?” Exhausted by the “Reproductive Rights” runaround? It is no surprise in today’s society when a subject as serious as abortion is masked by creative words and catch phrases.

It’s okay to be against abortion. Not only that—you should not be ashamed to say it! Being opposed to abortion does NOT mean you’re “anti choice”, it means you are about freedom and that you think all existing persons—big, small, and really

repulsive and very few people like to contemplate it, much less partake in it or defend it. Countless statistics can attest to the fact that abortion has painfully affected women, men and families since it was legalized in 1973.

The information in this supplement could help you save a life. With approximately 3,600 surgical abortions being performed every day in the United States, you probably know someone who has been or will be involved in an

FREE PREGNANCY HELP LINES

PREGNANCY CARE CENTER

(English and Spanish)
1-800-395-4357 | www.pregnancycenters.org

NATIONAL LIFE CENTER – 24 HOUR

1-800-848-5683 | www.nationallifecenter.com

BIRTHRIGHT

1-800-550-4900 | www.birthright.org

NURTURING NETWORK

1-800-866-4666 | www.nurturingnetwork.org

TIRED OF “CHOICE” RHETORIC?

small—should be allowed to enjoy it.

In the following pages, we would like to take you beyond the tired “choice” terminology to an enthusiastic respect for life. Why does the “pro-choice” side use rhetoric to disguise the fact that they are talking about abortion?

Simple—elective abortion is naturally

abortion. If you or a friend is facing an unexpected pregnancy, gather all the information you can—this supplement will get you started. Don’t buy into the false rhetoric from the “pro-choice” crowd. Use the information in this publication to help you understand the consequences of abortion.

You will never regret knowing the facts and making an informed decision. Instead of being exhausted by worry and guilt, you will be confident that you have taken a positive approach to learn the facts about this important life issue!

FREE HELP AFTER AN ABORTION

RACHEL’S VINEYARD

1-877-467-3463 | www.rachelsvineyard.org

AMERICAN RIGHTS COALITION

1-800-634-2224

PROJECT RACHEL

1-800-593-2273 | www.noparh.org

This insert was created by Human Life Alliance © 2005 | campus@humanlife.org

ABORTION IQ

ACTUAL
TESTIMONYQUESTIONING
THE EASY WAY OUT

“Tim, I think I’m pregnant.” It was New Year’s Eve. My boyfriend sighed deeply, his gaze remaining fixed on the TV. He then muttered something that made me feel already deserted. I felt a sour lump in the back of my throat. Yes, I was pregnant, and I was scared!

I knew from firsthand experience how tough it is raising a child as a single mother. I already had a 2-year old daughter, Jennifer, from an earlier unsuccessful marriage. When my pregnancy was confirmed, Tim’s non-committal response to my distress and his move to Chicago, 400 miles away, left me despondent and convinced that abortion was the “easy way out.” I was already struggling financially with one child. How could I raise two?

I felt desperately alone. I often cried myself to sleep. I decided to confide in a couple of college professors who collected money to fly me out of town to have an abortion. Now I was obligated to go through with it. Still, I agonized!

I was summoned to the room where the abortions are performed. I could hear a woman sobbing hysterically in the recovery room. That memory haunts me still.

As the doctor was examining me, prior to performing the abortion, he suddenly stopped and said to the nurse, “Get her out of here! She’s too far along!” Relief instantly washed over me! How odd! I had thought I wanted an abortion but now felt instantly relieved to know I was still pregnant.

I decided to use every ounce of courage I could muster to deal with my pregnancy. My ambivalence turned into love for my unborn daughter, Melanie. It took energy and creativity to support the three of us.

During the first year of Melanie’s life, she

attended classes with me. When my daughters were preschool age and in daycare, I obtained a job as bookkeeper for the daycare center they attended. If they needed a hug, they could come into my office and get one. Other means of support included: renting rooms to students; teaching evening classes at the community college; and operating a typing business out of the dining room of my student housing which, again, enabled me to be with my children while working.

My two daughters inspired me to do great things. They never stood in the way of my career. I finished my degree; then I went on to get my Master’s and Ph.D. Besides being a proud mother, I am happily married, a published author, a motivational speaker, and a part-time musician.

When we endure something tough, our character and self-esteem are strengthened. Many women who have confessed to me that they’ve had abortions have discovered that the “easy way out” is just an illusion. Some are in abusive relationships. Some are on anti-depressants. Others just seem detached from life. Some sadly remember their aborted child’s “would be” birthday each year.

I cannot promise that it will be easy. I can only promise that the anguish will pass and there are people who will help you through this trying time. One day you will look back on the birth of your child, and know that you did the right thing.

Sincerely,
Dr. Angela Woodhull



- 1 On January 22, 1973 the U.S. Supreme Court legalized abortion through which month of pregnancy?
 - A. 3rd month
 - B. 4th month
 - C. 6th month
 - D. 9th month
- 2 Since abortion was legalized in 1973, surgical abortion alone has extinguished the lives of _____ pre-born babies.
 - A. 6 million
 - B. 20 million
 - C. 33 million
 - D. 46 million
- 3 About what percentage of pregnancies end in surgical abortion?
 - A. 10%
 - B. 16%
 - C. 24%
 - D. 29%
- 4 Which age group has the most abortions?
 - A. 15-19
 - B. 20-24
 - C. 25-29
 - D. 30-34
- 5 In 2001, white women had 165 abortions per 1,000 live births while African American women had _____ abortions per 1,000 live births. (See Reproductive Racism on page 9.)
 - A. 79
 - B. 134
 - C. 328
 - D. 491
- 6 According to a 2004 report by the Centers for Disease Control about how many late-term (>21 weeks of pregnancy) abortions were performed in 2001?
 - A. 3,700
 - B. 1,200
 - C. 8,000
 - D. 12,000
- 7 What percent of abortions performed in the U.S. are repeat abortions?
 - A. 30%
 - B. 40.2%
 - C. 48%
 - D. 60.7%
- 8 A developing baby’s heart begins to beat at:
 - A. 21 days
 - B. 30 days
 - C. 45 days
 - D. 60 days

The answer key can be found on page 5.

No Regrets – A True Story

ACTUAL TESTIMONY

When I first found out I was pregnant I couldn't control my crying. I shook uncontrollably.



I had never felt so lonely or confused in my life.



I wanted my boyfriend's support. I shouldn't have been surprised when he told me to have an abortion.



My mind raced to justify the abortion.



Perhaps my child would be better off dead than in a broken family.

I thought that an abortion would be the answer to my problem.

I tried to tell myself that my child wasn't really a baby, he was just tissue...



I told myself lie after lie until I made the appointment.

But no matter how hard I tried to fool myself, I knew I carried a baby.

Deep down, I realized if I were to take my baby's life I would regret it forever.

I didn't show up for the appointment.



I never knew such relief.



It didn't take long for me to face reality and see my baby as a gift.



I realized it was my duty as a mother to protect my child's best interest and give him all I could.

Many relatives didn't understand why I was even thinking of adoption. Who in the world would give up their child?



Me. That's who.

Of course I wanted to be the one to rock him, caress his hair, take him to school, and watch him grow.

But beyond my wants I knew my child deserved more.



I had nine months of nurturing, morning sickness, cravings, kicks, and hiccups.



Nine months to fall in love and face the fact that adoption was the best way I could show love to my child.

My boyfriend was not overly thrilled about adoption....



But nevertheless was willing to look at several different couples with me.

We met with them several times to ensure we found the best.

The couple we chose was married, deeply in love, and welcomed our son as their own.



Their love for my child is divine.



I am not angry, ashamed, or alone. I can hold my head up high and people are amazed.

The birthfather, my family, and my friends congratulated me on my decision and came to realize it was out of love.



Yes, I grieve the loss of my child. But the joy far exceeds the sorrow. My son has a million smiles and more love than any child I know.

Through pictures and letters I hear the laughter of a living, breathing son with loving parents.

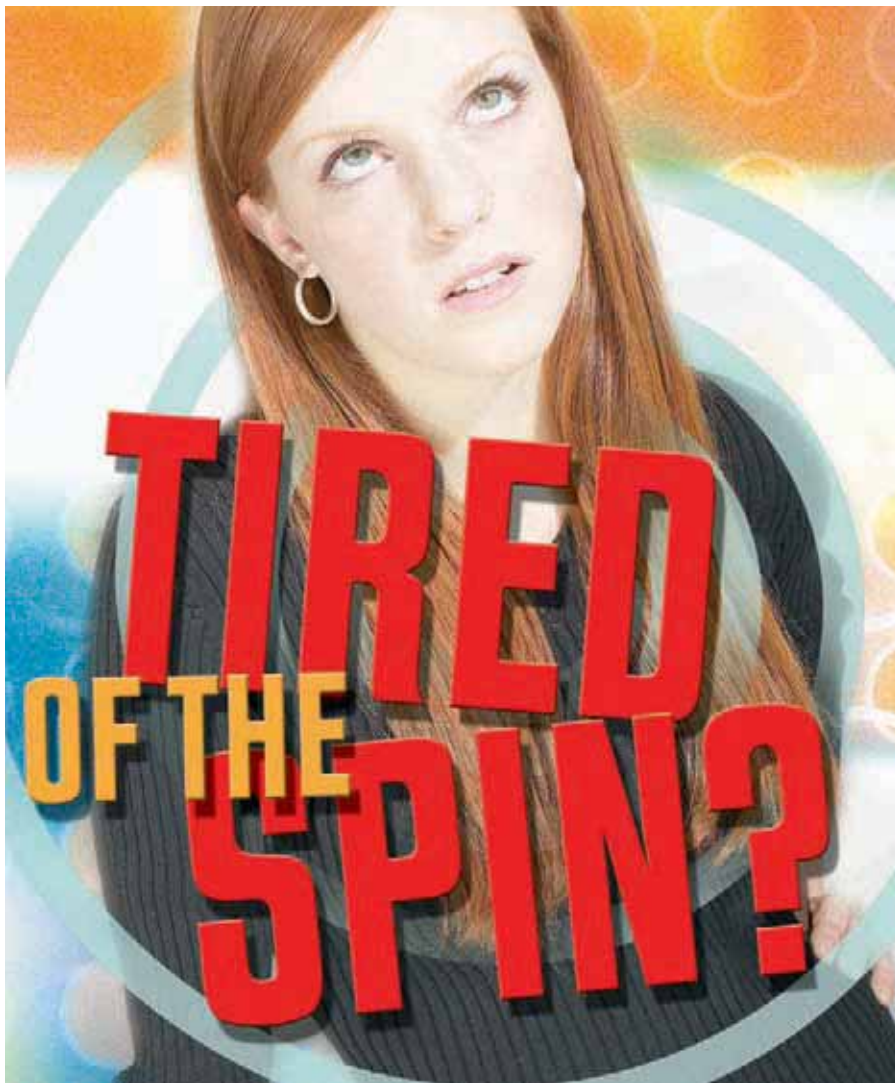


I thank God that I don't have to visit the memory of an aborted baby.

I can live with my decision, and so can my son...



With no regrets.



A WOMAN'S "RIGHT"

Women are breaking through glass ceilings everywhere, surpassing the number of men in colleges, law schools, and medical schools. Just look at sports such as basketball, soccer, hockey, and wrestling. We have come too far to reduce women's "rights" to mean the "right to abortion."

IT'S JUST TISSUE

Simple tissue is not bursting with the following: life, stem cells that some researchers would kill for, a beating heart and fingerprints, and enough DNA to fill five sets (not volumes) of Encyclopedia Britannica if the micro-miniature language was enlarged to standard-sized print.

A "WANTED" CHILD

Does your value depend on the degree that someone wants you? Let's be honest—a child is a child. How could any baby be called unwanted when there are over one million couples waiting, hoping, and praying for a chance to adopt a child?

"SAFE" ABORTION

Many young women believed this until it was too late. The book, *Lime 5*, documents over 200 cases of women injured or killed by legal, so-called "safe" abortions. With the end result being an aborted baby; the potential for cervical cancer and the possibility of becoming infertile—where's the safe part?

"BACK-ALLEY" ABORTIONS

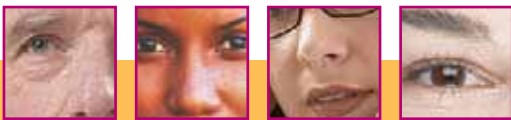
According to the Centers for Disease Control, 70 maternal deaths occurred due to legal and illegal abortions (abortion was legal in three states at the time) in 1972, the year prior to the Roe v. Wade decision which legalized abortion nationally. Any loss of life is tragic, but this number is nowhere near the often claimed "thousands of deaths by back-alley abortions."

I WOULDN'T DO IT, BUT I CAN'T TELL SOMEONE ELSE WHAT TO DO

What if U.S. citizens had been willing to accept this justification for tolerating slavery? Our forefathers took away the "rights" of slave owners in order to give freedom and respect to African American people. Our youngest, most vulnerable citizens are still slaves to the life and death decisions of others.

FREEDOM TO CHOOSE

It sounds almost patriotic. Our great American freedoms: to speak my piece, to peaceably assemble, and to practice the religion of my choice. How can these freedoms be equated with the freedom of a woman to abort her unborn baby? We might as well be "pro-choice" on graffiti, child pornography, and prostitution.



In Their Own Words: Former Abortionists and Clinic Staff Speak Out

"There is a great difference between the intellectual support of a woman's right to choose and the actual participation in the carnage of abortion... seeing body parts bothers the workers..."

— Judith Fetrow: Former Clinic Staff
"Abortion Providers III"

"I want the general public to know what the doctors know—that this is a person; that this is a baby. That this is not some kind of blob of tissue..."

— Dr. Anthony Levantino: Former Abortionist
"Meet the Abortion Providers"

"We were told to find the woman's weakness and work on it. The women were never given any alternatives. They were told how much trouble it was to have a baby."

— Debra Henry: Former Clinic Staff
"Meet the Abortion Providers"

"But I think the greatest thing that got to us was the ultrasound... The baby really came alive on TV and was moving... That picture of the baby on the ultrasound bothered me more than anything else... We lost two nurses. They couldn't take looking at it."

— Dr. Joseph Randall: Former Abortionist
"Meet the Abortion Providers"

Answers to ABORTION IQ Quiz (from page 3): 1. **D**; 2. **D**; 3. **C** (Alan Guttmacher Institute, Facts in Brief - 2005, May 18. Induced Abortion in the United States: www.agi-usa.org/pubs/fb_induced_abortion.html); 4. **B** (U. S. Department of Health and Human Services, CDC, Morbidity and Mortality Weekly Report - 2004, Nov 26. Abortion Surveillance — United States, 2001 - Table 4: www.cdc.gov/mmwr/preview/mmwrhtml/ss5309a1.htm); 5. **D** (Ibid. - Table 9); 6. **D** (Ibid. - Table 1); 7. **C** (Physicians for Reproductive Choice and Health and The Alan Guttmacher Institute. - An Overview of Abortion in the United States - Slide #24. www.guttmacher.org/presentations/abort_slides.pdf); 8. **A** (Color Atlas of Life Before Birth, Marjorie England, Yearbook Publishers.)

Full of Life!

DAY 1 FERTILIZATION

The sperm joins with the ovum to form one cell. This one cell contains the complex genetic makeup for every detail of a new human life—the child's sex, hair and eye color, height, skin tone, etc. From that moment on nothing new is added but oxygen, nutrition and time.¹

MONTH ONE

The first cell divides in two and cell division continues as the newly formed individual travels down the fallopian tube to the uterus. Over 500 cells are present when this tiny embryo (the blastocyst*) reaches the uterus 7 to 10 days after fertilization.² Foundations of the brain, spinal cord and nervous system are already established, and on day 21 the heart begins to beat in a regular fashion with a blood type often different from her mother's.³ Muscles are forming, and arms, legs, eyes and ears have begun to show. **The blastocyst is the stage at which many researchers*



Bell Museum of Pathology Bulletin, University of Minnesota Medical School, Autumn 1973, Pub No. 2

want to destroy the embryo in order to harvest stem cells which are the building blocks of life.

MONTH TWO

By 6 weeks brain waves can be detected by electroencephalogram and the brain is controlling 40 sets of muscles as well as the organs.⁴ The jaw

forms, including teeth and taste buds.⁵ The baby begins to swallow amniotic fluid, and some have been observed hiccupping.⁶ During this time, the stomach produces digestive juices, and the kidneys begin to function.⁷ Fingers and toes are developing and at 7 weeks the chest and abdomen are fully formed.⁸ Swimming with a natural swimmers stroke in the amniotic fluid, she now looks like a miniature human infant.^{9, 10}



Photo by Dr. Russell Sacco, Portland Oregon 1970

MONTH THREE

Unique fingerprints are evident and never change.¹¹ The baby now sleeps, awakens, and exercises her muscles by turning her head, curling her toes, and opening and closing her mouth. Even though mom cannot feel movement yet, baby is very active. She breathes amniotic fluid to help develop her respiratory system. The sex can be visually determined and family resemblances may appear as well!¹² By the end of the month all the organs and systems of her body are functioning.¹³



© Life Issues Institute

MONTH FOUR

By the end of this month, the baby is 8-10 inches in length and weighs about ½ pound. Her ears are functioning and she

hears her mother's heartbeat, as well as external noises like music. Mother begins to feel baby's movement, a slight flutter at first that will become stronger.¹⁴ Life-



3D Ultrasound

saving surgery has also been performed on babies at this age.

MONTH FIVE

If a sound is especially loud, the baby may jump in reaction to it. Thumb-sucking has been observed during the fifth month.¹⁵ Babies born prematurely at this stage of development often survive, thanks to advances in neonatal medicine. *Case in point: baby Kenya King, born in Florida at 19 weeks (4 ½ months) weighed 18oz and survived.*¹⁶



MONTH SIX

Oil and sweat glands are functioning. The baby's delicate skin is protected in the amniotic sac by a special ointment called vernix. She grows rapidly in size and strength while her lungs become more developed.¹⁷

MONTH SEVEN

The baby can now recognize her mother's voice. She exercises by stretching and kicking as she grows even bigger. She uses the senses of hearing, touch, and taste, and she can even look around with open eyes

¹ "The Drama of Fetal Development", *American Baby* (January 1989), p. 45

² *Mayo Clinic Family Health Book*, 3rd ed., Harper Resource, 2003

³ Moore and Persaud, *The Developing Human*, p. 310

⁴ Hannibal Hamlin, M.D. "Life or Death by EEG" *Jour. Of the AMA* (Oct. 12, 1964), p. 113

⁵ T.W. Sadler, *Langman's Medical Embryology*, 7th ed., (Baltimore: Williams & Wilkins, 1995, p. 341)

⁶ J.I.P. deVries, et al, 'The Emergence of Fetal Behavior', *Early Human Development*, Vol 12, 1985, p. 108

⁷ Gordon Debra, MD, "Pregnancy", *The Gale Encyclopedia of Medicine*, 2nd ed., pp. 2694-2695

⁸ *Mayo Clinic Family Health Book*, 3rd ed., Harper Resource, 2003, p. 268

⁹ Valman & Pearson, "What the Fetus Feels", *British Medical Journal*, p. 234

¹⁰ *Mayo Clinic Family Health Book*, 3rd ed., Harper Resource, 2003, p. 269

¹¹ Moore and Persaud, *The Developing Human*, p. 428

¹² Flanagan, *Beginning Life*, pp. 59-65.

¹³ *Cunningham, MacDonald & Grant, Williams Obstetrics*, 18th ed., p. 90 & 103

¹⁴ Flanagan, *Beginning Life*, p. 68

¹⁵ Health & Wellness Resource Center, "Normal Growth of a Baby During Pregnancy", *Clinical Reference Systems Annual 2001*, p.1391

¹⁶ Kolata, Gina, "Survival of the Fetus: A Barrier is Reached", *New York Times* (Mar 18, 1989), p. C1; Browne, Mona Z., "19 Week Early Premie Wins Life Struggle", *Miami Herald* (Oct 4, 1985), p. 1A

¹⁷ Gordon, Debra, MD, "Pregnancy", *The Gale Encyclopedia of Medicine*, 2nd ed., pp. 2694-2695

¹⁸ Ibid

¹⁹ Health & Wellness Resource Center, "Normal Growth of a Baby During Pregnancy", *Clinical Reference Systems Annual 2001*, p. 1391

²⁰ Ibid

²¹ Ibid

²² Ibid

²³ Interview with Sir A. William Liley, www.vanderbilt.edu/SFL/lejeune_testimony.htm

at her watery home.¹⁸ If the baby is a boy, his testicles descend from the abdomen into the scrotum.¹⁹

MONTH EIGHT

The skin begins to thicken, with a layer of fat stored underneath for insulation and nourishment. The baby swallows a gallon of amniotic fluid per day and often hiccups.²⁰ Though movement is limited, due to cramped quarters, her kicks are stronger and mom may be able to feel an elbow or heel against her abdomen.²¹

MONTH NINE

Gaining ½ pound per week, the baby is getting ready for birth. The bones in her head are soft and flexible to more easily mold for the journey down the birth canal.²² Of the 45 generations of cell divisions before adulthood, 41 have already taken place. Only four



more come before adolescence. In terms of development, we spend 90% of our lives in the womb.²³

**WHAT DO YOU THINK?
WE WANT TO HEAR FROM YOU.**

Email us at campus@humanlife.org
or write to us at
Human Life Alliance
3570 Lexington Avenue North, #205
St. Paul, MN 55126
651-484-1040

“As far as your nature is concerned, I see no difference between the early person that you were at conception and the late person which you are now. You were, and are, a human being.”

—World-renowned geneticist, the late Dr. Jérôme LeJeune



Michelle's Story

I was 18 years old when I got pregnant. Since I had already enlisted in the Air Force, I thought I had to have an abortion in order to make something out of my life.

My best friend drove me to the abortion clinic. It was like an assembly line. When the ultrasound was being done I asked to see it. But this wasn't allowed (so much for "an informed decision"). Then I asked how far along I was. I was told I was nine-and-a-half weeks pregnant. That hit me hard. I started doubting, and wanted to talk to my friend, but I wasn't allowed to.

When it was my turn the nurse told me that I was going to feel some discomfort, like strong menstrual cramps. The truth is that the abortion was more pain than I've ever felt in my life. It felt like my insides were literally being sucked out of my body. Later I went into shock.

After the abortion, I tried to make up for it by trying to get pregnant again. I wanted my baby back. I never got pregnant again. I don't know if I can ever have another baby. I named my baby. I found out later that this is part of the grieving process.

Two-and-a-half years later, I ended up in the hospital with bulimia. I felt that no one had punished me for what I had done so I was punishing myself. I became obsessed with women who were pregnant. My life was in shambles! I was suffering from post-abortion trauma.

When I was 21 years old I received help from a woman who was involved with pro-life activism. I went through a program called "Conquerors." Not only did I experience forgiveness, I was also challenged to help others. I answered the challenge!

I started sidewalk counseling. There is a healing process that comes from getting involved in the pro-life movement. I talk to youth groups and students and share my testimony. To them, and to you, I plead, "Please don't make the same mistake I did." — Michelle

THE SILENT GRIEF OF ABORTION

AFTER AN ELECTIVE ABORTION some women may immediately experience a sense of relief since they are no longer facing an unwanted pregnancy. However, this "relief" experience is all too often short-lived. Abortion is clearly an experience of loss and a period of grieving is to be expected. The natural tendency to suppress or deny the unpleasant, not to mention the pressure from a society that fails to recognize the need to grieve the loss of an aborted child, may help a woman to mask the grief and cope temporarily. Eventually, however, the stress from the intense pain she naturally suffers may result in emotional instability or even psychosis.

In an interview for the Washington Post, Dr. Julius Fogel, a psychiatrist and obstetrician who has performed abortions as well as counseled many women who have undergone an abortion, said, "There is no question about the emotional grief and mourning following an abortion. Many come in—some are just mute, some hostile. Some burst out crying... There is no question in my mind that we are disturbing a life process." In an earlier interview, Fogel said, "This is part



Ann Marie Cosgrove

of her own life. When she destroys a pregnancy, she is destroying herself. There is no way it can be innocuous."

Ann Marie Cosgrove, President of Silent No More-Minnesota, publicly testifies about the trauma and pain that abortion has caused in her life, "Abortion changes you forever. I thought the abortion would free me up from a responsibility I felt I was not ready for. Instead it held me in bondage to feelings of regret, remorse, depression and despair. My soul became a slave to self-hatred and worthlessness. My sanity the price I would pay. Women deserve better than abortion."

There are many courageous women, such as Ann Marie, who give personal testimony in opposition to abortion. They also offer their understanding, compassion and time to those who need their support in coping with the emotional and psychological aftermath of an abortion. There are chapters of Silent No More in nearly every state.

The U.S. Senate recognized the mental health consequences of abortion when it passed an amendment (November 6, 2001) to the appropriations bill H.R.3061:

(SEC. 227) Expresses the sense of the Senate that: (1) the Secretary of HHS [Health and Human Services], through the Director of NIH and the Director of the National Institute of Mental Health (NIMH), should expand and intensify research... with respect to

THE OTHER HALF: A FATHER'S REGRET

ACTUAL TESTIMONY

"I was a participant in two abortions with my ex-wife...It has been six years since the last abortion, nine since the decision for the first one. Every time I see children of the approximate age of the two lost ones, I cry, no matter where... church, the mall, the park, the library. I want to call their names, Michelle, Danielle, Stephen, William. Their legacy is gone. Their beauty unfinished, nullified by a decision to which I agreed...I have gone from pro-choice to pro-child."



— E-mail message from a father to Human Life Alliance

FOR MORE INFORMATION OR HELP FOLLOWING AN ABORTION:

GO TO WWW.PREGNANCYCENTERS.ORG OR CALL 1-800-395-HELP (4357)

WWW.SILENTNOMOREAWARENESS.COM

WWW.AFTERABORTION.ORG

WWW.VICTIMSOFACTORTIONSPEAKOUT.ORG

post-abortion depression and post-abortion psychosis (post-abortion conditions);... (3) the Director of NIMH should conduct or support research on causes of and cure for post-abortion conditions,...

Fortunately, as the emotional/psychological correlates of induced abortion are becoming more fully recognized and acknowledged, women and their families who have undergone an abortion are able to identify the symptoms, better understand their cause, and seek help. Treatment programs have sprung up across the nation making it possible to get help privately over the Internet and on the telephone, confidentially on a one-on-one basis, or by joining one of the many group therapy programs available.

Notes and Resources:

www.seghea.com/pat/life/morbidity.html (for a list of articles on post abortion trauma)

¹Angelo, E. Joanne, MD, "The Negative Impact of Abortion on Women and Families," *Post-Abortion Aftermath*, Mannion M., ed., Sheed and Ward: Kansas City, MO, 1994.

²Speckhard, PhD, Anne, and Dr. Vincent Rue, PhD, "Complicated Mourning: Dynamics of Impacted Post-Abortion Grief," *Pre- and Perinatal Psychology Journal*, Vol. 8, No.1., Fall, 1993.

³McCarthy, Colman, "The Real Anguish of Abortion," *Washington Post*, February 5, 1989.

⁴McCarthy, Colman, "A Psychological View of Abortion," *St. Paul Sunday Pioneer Press*, March 7, 1971.

⁵H.R.3061, SEC. 227, <http://thomas.loc.gov>

The "Hard Cases"

RESEARCHERS David C. Reardon, Julie Makimaa, and Amy Sobie completed a nine year study on pregnancy outcomes of sexual assault victims.

As part of their research the authors drew upon testimonies from 192 women who became pregnant as a result of rape or incest, and 55 children conceived in sexual assault. Following are excerpts from their book, *Victims and Victors*.

Pregnancy resulting from sexual assault is actually a contraindication for abortion. A doctor treating a sexual assault victim should advise against abortion precisely because of the traumatic nature of the pregnancy. The testimonies and studies quoted in this book confirm that both the mother and child are helped by preserving life, not by perpetuating violence.

Research shows that after any abortion, it is common for women to experience guilt, depression, feelings of being "dirty," resentment of men, and lowered self-esteem. These feelings are identical to what women typically feel after rape. Abortion only adds to and accentuates the traumatic feelings associated with sexual assault. Rather than easing the psychological burdens, abortion adds to them.

Kathleen DeZeeuw, whose son Patrick was conceived in rape when she was 16, writes: "I, having lived through rape,

and also having raised a child 'conceived in rape' feel personally assaulted and insulted every time I hear that abortion should be legal because of rape and incest. I feel that we're being used by pro-abortionists to further the abortion issue though we've not been asked to tell our side of the story."

"The abortion which was to 'be in my best interest' just has not been. As far as I can tell, it only 'saved their [my parents'] reputations,' 'solved their problems,' and 'allowed their lives to go merrily on.'"

'be in my best interest' just has not been. As far as I can tell, it only 'saved their [my parents] reputations,' 'solved their problems,' and 'allowed their lives to go merrily on.'"

David C. Reardon, Julie Makimaa, and Amy Sobie. *Victims and Victors*. Acorn Books, Springfield, IL 2000. pp.15-17. For further information see www.afterabortion.org.

The case against abortion for incest pregnancies is even stronger. Studies show that incest victims rarely ever voluntarily agree to abortion. Instead of viewing the pregnancy as unwanted, the incest victim is more likely to see the pregnancy as a way out of the incestuous relationship because the birth of her child will expose the sexual activity.

For example, Edith Young, a 12-year-old victim of incest, writes twenty-five years after the abortion of her child: "The abortion which was to

MORE INFORMATION

NAME _____

SCHOOL/ORGANIZATION _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

TELEPHONE _____

EMAIL _____

- I want to make a tax-deductible contribution to help further HLA's pro-life efforts!
\$ _____
- Please add me to your pro-life student e-mail list.
- Please send me a complimentary copy of the *HLA Action News* (published quarterly).



Human Life Alliance
3570 Lexington Avenue North
Suite 205
Saint Paul, Minnesota 55126
651-484-1040
www.humanlife.org

REPRODUCTIVE RACISM

THE VISION OF PLANNED PARENTHOOD, founded in 1916 by Margaret Sanger, became the working arm toward eugenic goals. The stated vision was "reproductive freedom" through legalization of contraceptives to be used by the wealthy and imposed Eugenic Sterilization Laws as "birth control" for everyone else.

The organization most responsible for propagating the bigoted concepts of "Social Darwinism" is the American Eugenics Society. Founded in the early 1900's, this organization was the sister organization of the British Eugenic Society which embraced the white—more specifically, the Anglo-Saxon race—supremacy doctrine. In the United States eugenics became more than an abstract philosophy. It degenerated into an active campaign to eliminate all those deemed inadequate and resulted in a worldwide crusade to abolish all human inferiority.¹ The American Eugenics Society fostered the Jim Crow Laws of the South and Eugenic Sterilization Laws nationally, the anti-Semitic doctrine that encouraged Nazi Germany during the Jewish Holocaust and defined South-African Apartheid.

Despite claims that Margaret Sanger was not a racist or an anti-Semite, the fact remains that "she openly welcomed the worst elements of both into the birth control movement."² Henry Pratt Fairchild who wrote, "Birth control and eugenics are by nature closely related,

and neither one can attain its complete fulfillment, or render its maximum service to society, without the other"³ and Lothrop Stoddard, author of, *The Rising Tide of Color Against White World Supremacy*, were two of many eugenicists who worked closely with Sanger.

Historical documents prove that Planned Parenthood acted as the willful arm of the American Eugenics Society and developed a plan, the *Negro Project*, as a propaganda program to infiltrate the black community with a "birth control for health" campaign through their civic leaders.⁴ Margaret Sanger expressed disdain for the poor and disabled whom she frequently dubbed "undeserving," "unfit," and "dysgenic." Her call for their sterilization and segregation⁵ is well known and is likely to have been the motive behind her "Negro Project."

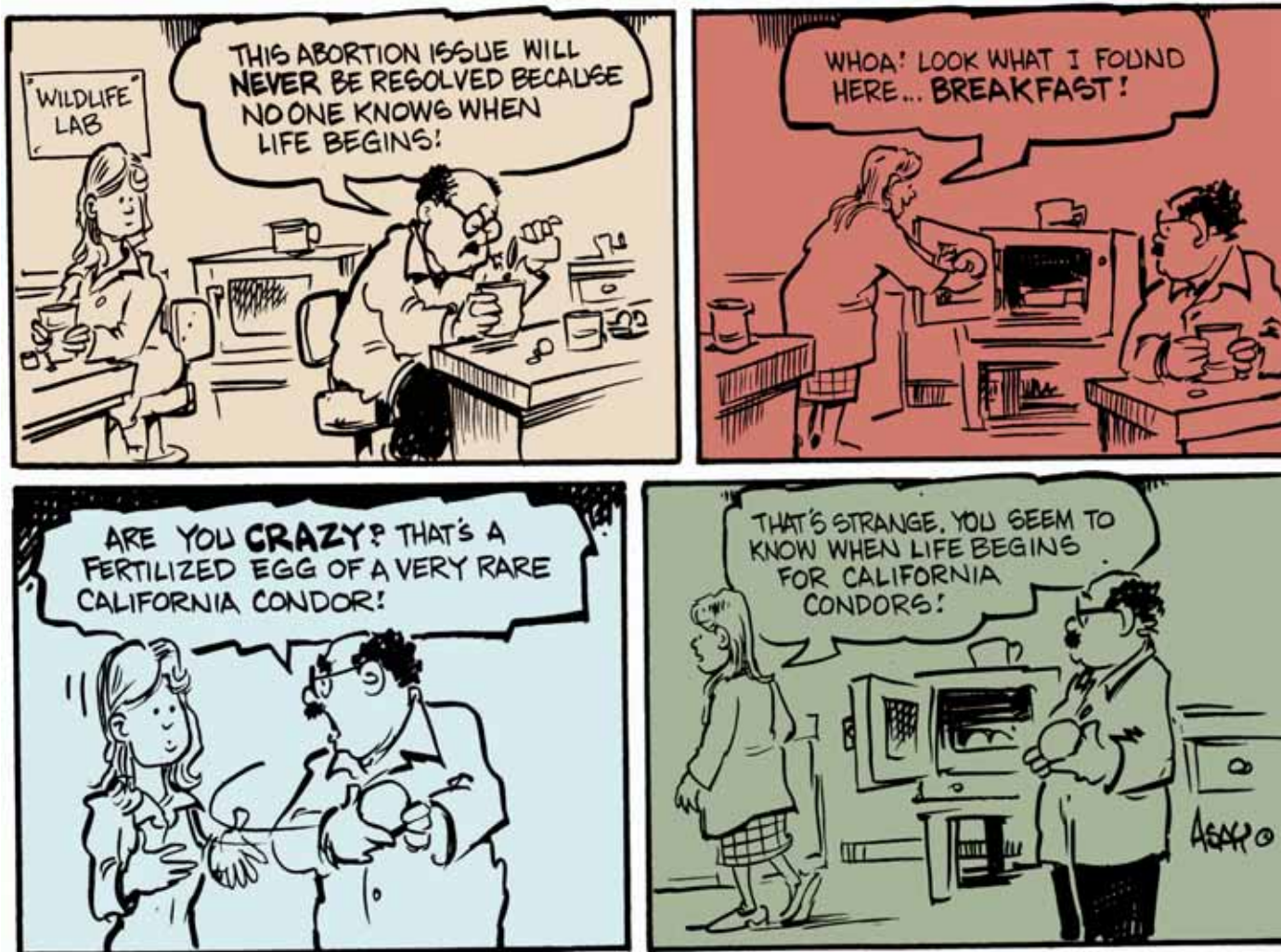
Lest one think reproductive racism was merely an issue of the past, current numbers prove the problem persists. Racial targeting by abortion providers, Planned Parenthood being the foremost national provider of abortions, has demonstrably resulted in a disproportionate number of minorities obtaining abortions. In the year 2000, African Americans, numbering 34.7 million individuals, or 12.3 percent of the U.S. population obtained 32% of abortions in that year.^{6,7} "Black women are more than 3 times as likely as white women to have an abortion, and Hispanic women are 2 1/2 times as likely."⁸ Abortion and birth control have taken a devastating toll on the African American community. According to updated census reports, African Americans are no longer the largest U.S. minority population.⁹



Akua Furlow

Akua Furlow, B.S., M.A., is a graduate of the State University of New York College at New Paltz where she received her Bachelor of Science degree in Sociology and Education. She received her Masters degree in Regional Planning from the University of Massachusetts at Amherst. She is the author of the book *The Tuskegee Syphilis Study—What Really Happened* and is a nationally sought after speaker on various issues related to population control and bioethics. To contact Akua Furlow and to order her book, go to www.sojournerpress.com or call (713) 645-2442.

¹Black, Edwin, *War Against the Weak: Eugenics and America's Campaign to Create a Master Race*, New York, Four Walls Eight Windows, 2003. p. 19. | ²Ibid. p. 135. | ³Fairchild, Henry Pratt. "Programs and Wishes for 1933." *Birth Control Review*, Volume XVII, Number 1 (January 1933), p. 5. | ⁴Letter from Sanger to Dr. W. E. Burghardt DuBois, 11 November 1930, New York, MSGLC. DuBois served as director of research for the NAACP and as the editor of its publication, *The Crisis*, until 1934 | ⁵Sanger, Margaret, *The Pivot of Civilization*, Humanity Press, 1922, chapters 4, 5 | ⁶Jones, RK; Darroch, JE; and Henshaw, SK; "Patterns in the socioeconomic characteristics of women obtaining abortions in 2000-2001," *Perspectives on Sexual and Reproductive Health*, 2002, 34 (5): 226-235 | ⁷www.prdc.org/summaries/blacks/blacks.html | ⁸www.guttmacher.org/pubs/fb_induced_abortion.html | ⁹www.infoplease.com/ipa/A0762156.html and U.S. Census Bureau



love someone if you haven't had sex with them?" That question is also morphed to include the experience side of things: "How do you know you're with the right person if you haven't had sex with someone else?" As if to say we need to compare people sexually to find the one we "love."

It's sad to think that's all love has become. That love culminates itself in that short span of passion. That the crux of a real relationship hangs on sex.

It's sad because it is so empty. Do you really love someone when all they are is a body to have sex with? Do you really feel loved when that's all you are? Surely, many of you reading this are objecting, starting your sentence with, "Yeah, but..."—and that's because you don't.

As was said before, sex is no foundation for love. That's why relationships based on sex don't last.

When something hotter comes along, or one person decides they are not attracted to their partner anymore, it's over. And is that really love? Is that the real relationship 92 percent of college students claim they want to find?



As it turns out, though they are not the majority, the students who aren't seeking love through sex are smarter than the rest—and most likely happier and more content—not to mention more confident of themselves and what they really want.

Not only are they saving themselves from un-needed trips to the doctor, they will be the ones who find that real relationship. They won't have to feel the emptiness of casual sex. They don't need to reinvent themselves to attract the next one-night stand. They will be the ones who find themselves. They will wind up having more to offer than just a body. Perhaps that's where all college students should be looking for love and that real relationship we all claim to desire.

By Tom Chambers, former student writer for The Telescope, Palomar College, CA.

SUBSTITUTING SEX FOR LOVE

CYNTHIA BRANTLEY and Leland Elliot, co-authors of the study "Sex on Campus: The Naked Truth About the Real Sex Lives of College Students," said of college students, "They want to be in love. They're looking for relationships, and in the context of this, they're having a lot of sex."

In their study, Brantley and Elliot note that 80 percent of college students are sexually active, and 60 percent engage in casual sex. Fifty-five percent of those studied admitted to having unsafe sex, and 21 percent said they never use a condom because they "didn't care."

However, 92 percent of college students say they are seeking a "real" relationship—they say that love is more important than sex. But actions speak louder than words.

On today's campuses sex is anything but taboo—it is practically a given. The remaining 20 percent who are not sexually active are looked down upon and often laughed at. They are seen as young, naive and—a personal favorite—lacking self-confidence. When even among friends it is found that someone hasn't had, or doesn't have, sex, their peers ask, "What's wrong with them?"

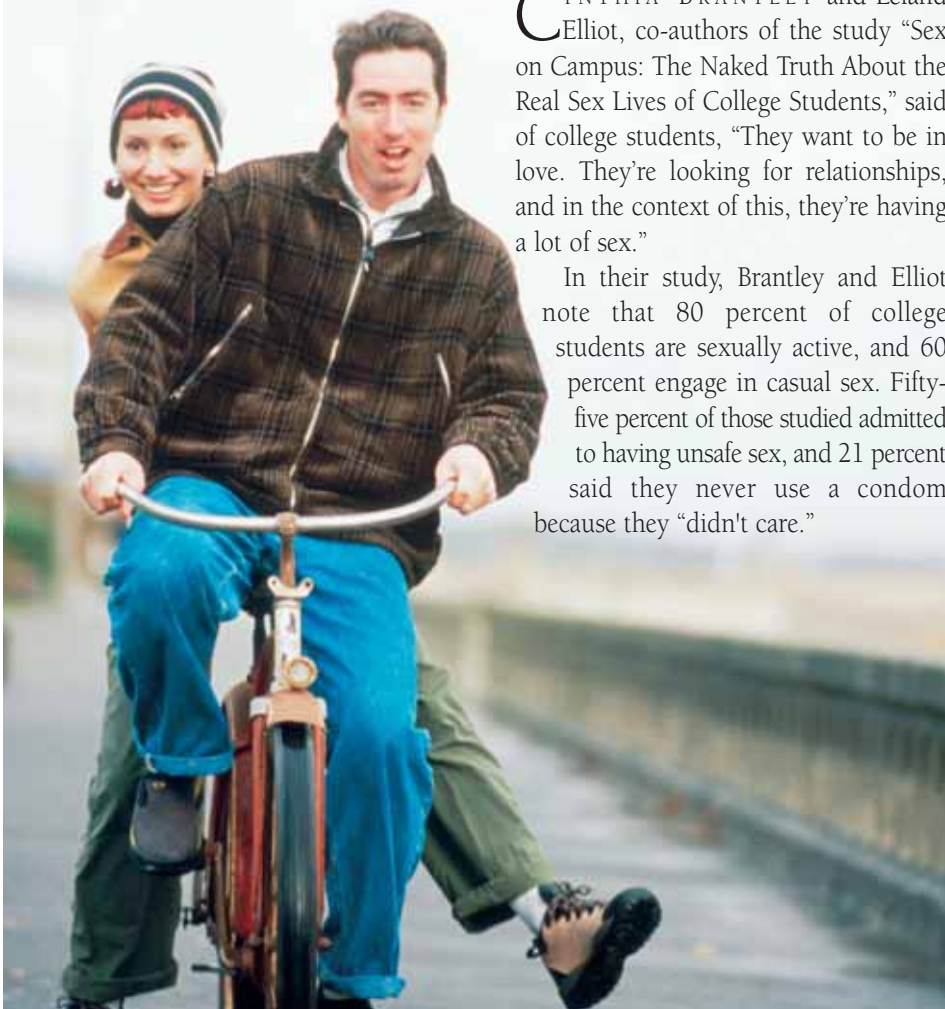
The real question should be, "What's wrong with everyone else?"

Putting all of the dangers of disease aside, sex is no substitute for the real relationship the vast majority of students claim to desire. Sex will not fill that need, and certainly will not result in anything that lasts. It is not a foundation for love.

If it was, then the average number of partners would be lower than 6.4, and disease would not be as prevalent as it is today.

And that seems to be the real problem. The greatest threat to college students is not the contraction of herpes, syphilis or AIDS. It's that young people are replacing love with sex.

In conversations with friends about this very subject, the question has been raised, "How can you know you really



Abortion/Breast Cancer—No link at all? You Decide!

IN February of 2003, the National Cancer Institute (NCI) claimed that no significant link had been found between abortion and the incidence of breast cancer. Most known risk factors for breast cancer are attributable to estrogen overexposure. The U.S. Department of Health and Human Services in the 11th Report on Carcinogens (Jan. 2005) listed steroidal estrogens as a “known” human carcinogen (<http://ntp.niehs.nih.gov>. “Estrogens, Steroidal” was first listed in the 10th Report on Carcinogens in 2002). In a healthy pregnancy, a woman’s blood estrogen level rises by 2000% by the end of the first trimester. Terminating that pregnancy prematurely leaves high levels of estrogen in the body, thereby making abortion a highly suspected risk. Considering the high incidence of both abortion and breast cancer, the numerous studies and reviews which report a significant association, and the numbers of advocates (on both sides of the abortion debate) for informing women of the potential risk, Human Life Alliance encourages its readers to obtain more information. The following websites are recommended: www.bcpinstitute.org; www.abortionbreastcancer.com; www.etters.net/cancerTP.htm.

“Emergency Contraception” An Advertising Deception

THE CAMPAIGN to make “Emergency Contraception” (EC) available over-the-counter with its slogan “Back up your Birth Control with EC”, is deceiving women regarding EC’s action and the risks related to its use. It exacerbates what feminist Germaine Greer calls, “the cynical deception of women by selling abortifacients as if they were contraceptives,” a deception she finds “incompatible with the respect due to women as human beings.” Some of the deceptive claims we hear are:



CLAIM: EC DOES NOT END A PREGNANCY; IT WON’T WORK IF YOU’RE PREGNANT.

FACT: On the contrary, one of the actions of EC is to alter the lining of the uterus and thereby end a pregnancy by inhibiting the implantation of the embryo. Since EC can prevent a developing embryo from implanting in the womb, its effect frequently “is to kill a tiny human being,” said Dr. John C. Willke, president of the Life Issues Institute in Cincinnati. “It is a very, very early abortive drug.” (Washington Times Jan. 2, 2002)

EC, also known as the morning-after-pill, is a high dosage of the birth control pill. Almost all birth control pills, drugs (such as RU-486) and devices, except the condom, are abortifacient in nature; that is, they may

allow the sperm to fertilize the egg to produce a newly formed individual and then act to inhibit the embryo from implanting in the womb.

Consequently, the woman’s body rejects the tiny embryo and he or she dies and is eliminated in the next menstrual cycle. This is called a chemical abortion. Anything capable of inducing or causing an abortion is more than a “contraceptive”—it can be an abortifacient.

CLAIM: EC IS “SAFE.”

FACT: Some of the documented adverse reactions/side effects of the well-known EC, Plan B, include: nausea, vomiting, abdominal pain, fatigue, headache, menstrual changes, dizziness, and breast tenderness.

CLAIM: EASY ACCESS TO EC WILL REDUCE THE NUMBER OF SURGICAL ABORTIONS.

FACT: EC has been readily available in Scotland for years, but teen pregnancy and abortion rates have not decreased.

CLAIM: INCREASED ACCESS TO EC WILL NOT INCREASE PROMISCUITY.

FACT: A report from Scotland suggests two causes for both the high use of EC and the increase in abortions: “more unpremeditated sexual activity” and “more failures in contraception with increased use of condoms.” The report also notes an “alarming rise” in sexually transmitted diseases paralleling greater use of EC.

It is worth noting that the birth control pill causes 150 different chemical changes in the woman’s body. This fact is documented in the *Textbook of Contraception* by Malcom Potts, Director of Planned Parenthood of England (Cambridge Press, 1983, p. 144).

Based on an article by Susan Wills, “Deconstructing Rosie,” March 2, 2002 USCCB

COMMON ABORTION METHODS

SUCTION ASPIRATION

The abortionist inserts a hollow plastic suction tube into the dilated cervix. The uterus is emptied by a high-powered suction machine. The baby’s body is torn as he/she is being pulled through the hose.

DILATATION AND EVACUATION

Used after 12 weeks. Once the cervix is dilated considerably further than in first trimester abortions, the abortionist inserts a narrow forceps that resembles a pliers. This instrument is needed because the baby’s bones are calcified, as is the skull. The abortionist inserts the instrument into the uterus, seizes a leg or other part of the body and, with a twisting motion, tears it from the baby’s body. The spine is snapped and the skull crushed. Body parts are then reassembled and counted to make certain that the entire baby has been removed and that no parts remain in the womb.

PARTIAL-BIRTH ABORTION (D&X)

After three days of preparations, the abortionist places an ultrasound transducer on the mother’s abdomen and locates the child’s legs and feet. The abortionist then uses a large forceps to grasp one of the baby’s legs. He pulls firmly, forcing the child into a feet-down position.

Using his hands instead of forceps, the abortionist delivers the baby’s body in a manner similar to a breech birth. The baby’s head remains inside the birth canal.

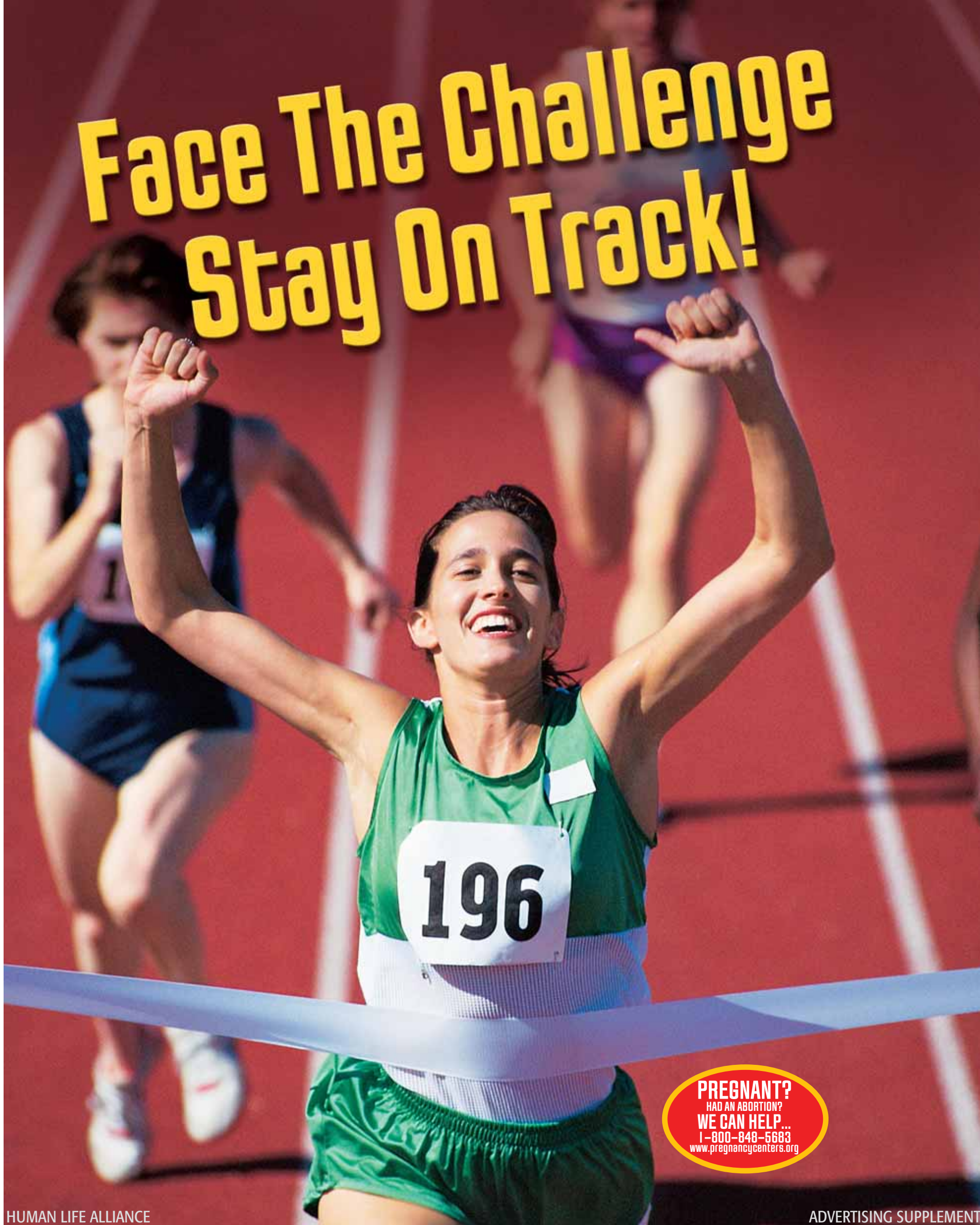
The last step involves using surgical scissors to pierce the child’s head at the base of the skull. The abortionist forces the scissors open to enlarge the skull opening. He/she then inserts a suction catheter into the brain and vacuums out the child’s brain tissue with a machine 28 times more powerful than a household vacuum.

RU-486 - MIFEPREX

Mifeprex blocks the action of the hormone progesterone, which is needed to maintain the lining of the uterus providing oxygen and nutrients for the embryo. Without it, the baby dies. Mifeprex is used in conjunction with the drug Cytotec (misoprostol) which is taken two days after Mifeprex, causing uterine bleeding (sometimes profuse), strong contractions, and expulsion of the baby.

The pregnant woman first visits the abortionist to obtain three Mifeprex pills, returns two days later to receive misoprostol, and a third time to verify that the abortion is complete. The failure rate of this method is about 8% if the pills are taken within 7 weeks and up to 25% at 8-9 weeks. If the baby survives the abortion, there is an extremely high risk that he or she will suffer mental and/or physical birth defects from the Cytotec.

Face The Challenge Stay On Track!



PREGNANT?
HAD AN ABORTION?
WE CAN HELP...
1-800-848-5683
www.pregnancycenters.org